# "Infant Mortality within Racial and Ethnic populations"

Ohio Infant Mortality Commission
August 26, 2015

ANGELA C. DAWSON, EXECUTIVE DIRECTOR OHIO COMMISSION ON MINORITY HEALTH

## **Infant Mortality**

The death of any live born baby prior to his/her first birthday.



"Our ability to prevent infant deaths and to address long-standing disparities in infant mortality rates between population groups is a barometer of our society's commitment to health and well-being of all women, children and families"...SACIM, January 2013

#### US Department of Human Services – Recent data

August 6, 2015

# Ohio ranks 45th nationally in infant mortality, near bottom for deaths of black babies

http://www.cleveland.com/healthfit/index.ssf/2015/08/ohio ranks 45th nationally on.html

By Brie Zeltner, The Plain Dealer The Plain Dealer

CLEVELAND, Ohio — The number of babies in Ohio who die before their first birthday remains dismally high.

The state ranks 45<sup>th</sup> in infant mortality overall and has one of the highest rates of infant death for black mothers in the country. That's according to the **most recent statistics** released today by the U.S. Department of Health and Human Services.

The numbers tell a troubling tale of loss and race-based health disparity for women and babies in Ohio and large swaths of the rest of the country. The data from the National Center for Health Statistics, gathered from linked birth and death certificates, show:

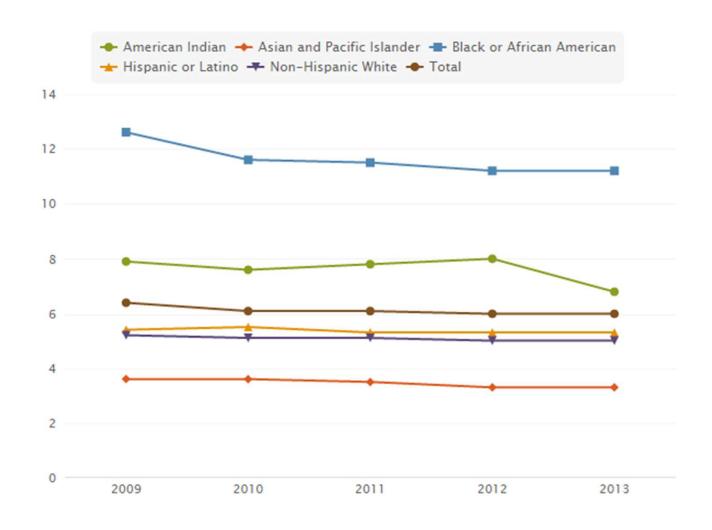
- Infant mortality nationwide in 2013 was at 5.96 deaths per 1,000 live births, about the same as the previous year and a 13 percent drop since 2005. Ohio's rate of 7.33 is 21 percent above the national average.
- Nationally, 11.1 black infants died per 1,000 live births in 2013, compared to 5.96 deaths for white babies that
  year. That's 2.2 times higher a rate for black babies than white babies.
- In Ohio, the disparity mirrored the national average: infant deaths among black babies was more than twice as high as white babies from 2011 to 2013.
- Ohio's rate of black infant mortality (13.57) was second highest nationally for the 39 states where a rate could be calculated. Only Wisconsin (14) and Kansas (14.18) fared worse.
- In New Jersey, black babies were 3.2 times more likely to die than white babies in their first year, the worst
  record for the disparity in the country among the 39 states where this ratio could be calculated.
- In no state or territory in the nation was infant mortality equal among black and white babies. The closest state
  was Kentucky, with the lowest ratio of 1.5.

#### National Infant Mortality Rates by Race

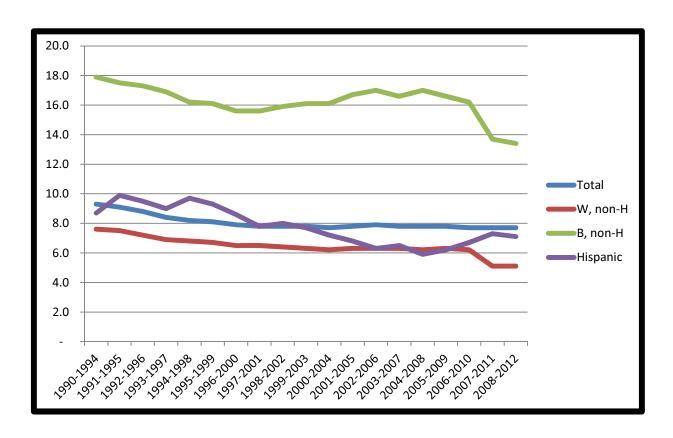
#### Infant Mortality By Race

Year(s): 5 selected | Race: All | Data Type: Rate per 1,000

Data Provided by: National KIDS COUNT



#### Ohio Infant Mortality Rates, 1990 – 2012 by 5 year aggregate and by Race



Graph: Ohio Infant Mortality Rates, 1990-2012, by 5-year aggregate and by Race. W: White, B: Black, Al American Indian, API: Asian or Pacific Islander, NH: non-Hispanic

#### 2011-2013 USA Infant Mortality Rates, by State and by Race, from Worse to Best:

	Overall:		White:		Black:		Hispanic:
USA	6.01		5.06		11.25		5.09
MS	9.25	WV	6.99	KS	14.18	RI	7.22
AL	8.57	AL	6.92	^WI	14	PN	6.99
LA	8.35	ME	6.77	<b>^OH</b>	13.57	ОН	6.92
DE	7.64	MS	6.76	^MI	13.13	KS	6.84
ОН	7.6	AR	6.7	^IL	12.93	KY	6.75
AR	7.41	OK	6.51	AL	12.9	ID	6.68
SC	7.23	IN	6.46	UT	12.89	OK	6.54
NC	7.2	KY	6.4	^IN	12.87	MS	6.35
IN	7.19	ОН	6.31	DE	12.82	AR	6.15
OK	7.17	LA	6.15	PN	12.66	IN	6.09
TN	7.16	TN	6.09	NC	12.57	MO	6.08
*MA	4.21	*NJ	3.20	*MA	6.90	*IA	2.65

Note that in each IMR group Ohio is the only State amongst the worst "10" in the USA for each group

^Also note 5 of the 6 States that make up Perinatal Region V are amongst the worst for black IMR

<sup>\*</sup>Best Rates in Green NCHS: 8/6/2015

## **Healthy People:**

199020002010

2020



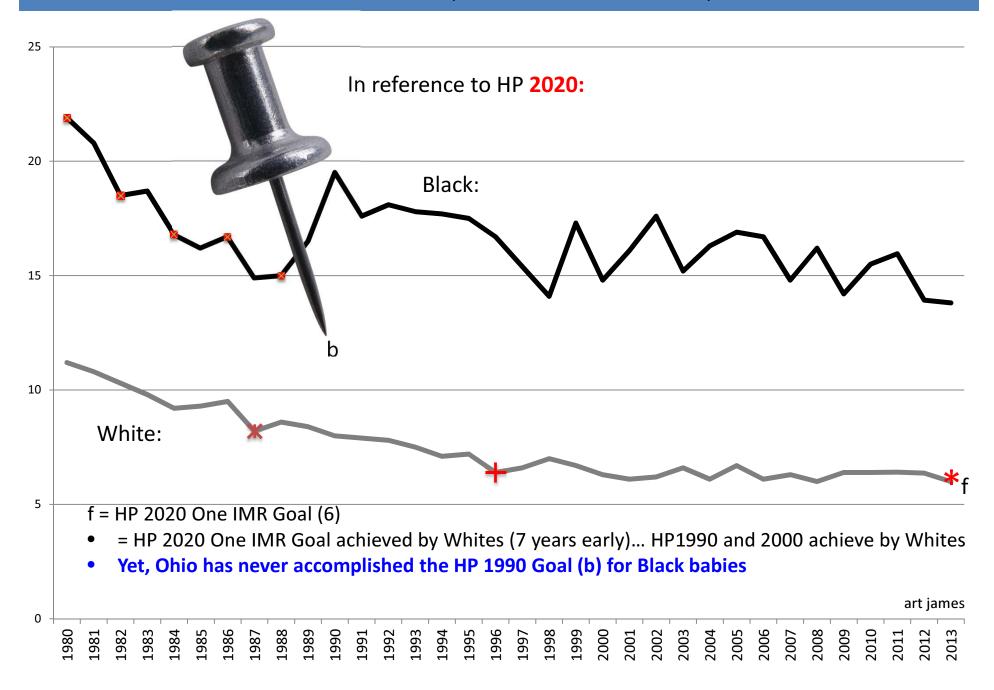
Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. For 3+ decades, Healthy People has established benchmarks and monitored progress over time in order to:

- Encourage collaborations across communities and sectors.
- Empower individuals toward making informed health decisions.
- Measure the impact of prevention activities.

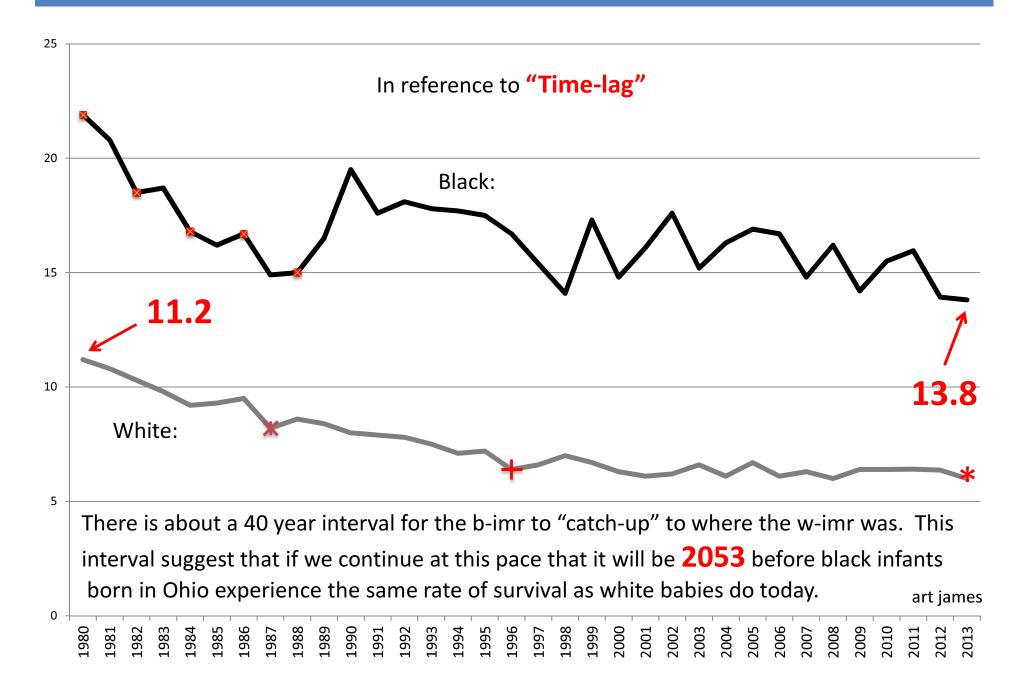
#### **Overarching Goals for Healthy People 2020:**

- Attain high-quality, longer lives free of preventable disease, disability, injury, and premature death.
- Achieve health equity, eliminate disparities, and improve the health of all groups.
- Create social and physical environments that promote good health for all
- Promote quality of life, healthy development, and healthy behaviors across all life stages.

#### Ohio IMR: 1980-2013 (white, "non-white/black")



### Ohio IMR: 1980-2013 (white, "non-white/black")



# Report of the Secretary's Task Force on Black and Minority Health (1985)



"Despite the unprecedented explosion in scientific knowledge and the phenomenal capacity of medicine to diagnose, treat and cure disease, Blacks, Hispanics, Native American Indians and those of Asian/Pacific Islander Heritage have not benefited fully or equitably from the fruits of science or from those systems responsible for translating and using health sciences technology."

### What Are Health Disparities?

Health Disparities are the disproportionate incidence of disease, disability and death among a particular population or group when compared to the proportion of their population.

# RACIAL AND ETHNIC HEALTH DISPARITIES HAVE COMPLEX CAUSES

#### **MAJOR FACTORS ARE:**

- 1. Inadequate Access to Care
- 2. Poor Utilization of Care
- 3. Substandard Quality of Care
- 4. Socioeconomic Status

"The future health of the nation will be determined to a large extent by how effectively we work with communities to reduce and eliminate health disparities between non-minority and minority populations experiencing disproportionate burdens of disease, disability, and premature death."

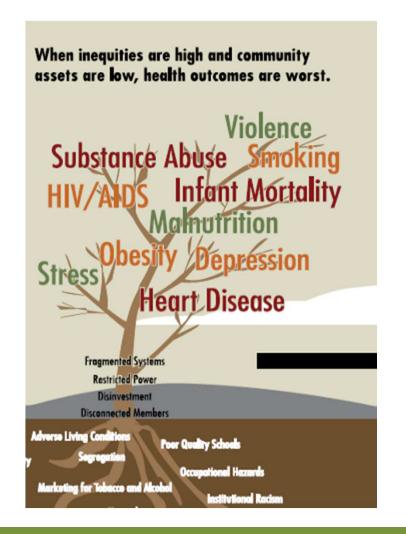
# What Are Health Inequities?

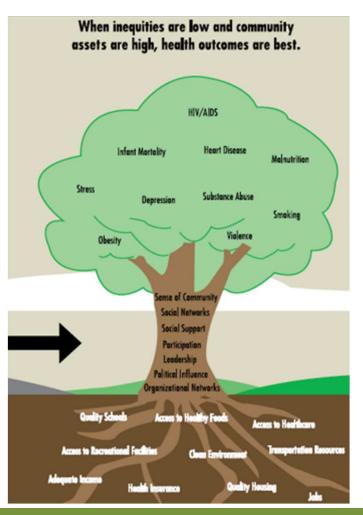
Health disparities are referred to as <u>health inequities</u> when they are the result of the <u>systematic</u> and <u>unjust</u> distribution of the critical resources that impact health.

Social determinants of health are the "<u>life-enhancing</u> resources, such as access to health care, housing, education, income/employment, social relationships, transportation, and food supply, whose distribution across populations effectively determines length and quality of life."

Source: Promoting Health Equity: A Resource to Help Communities Address Social Determinants of

## **Understanding Health Inequities**





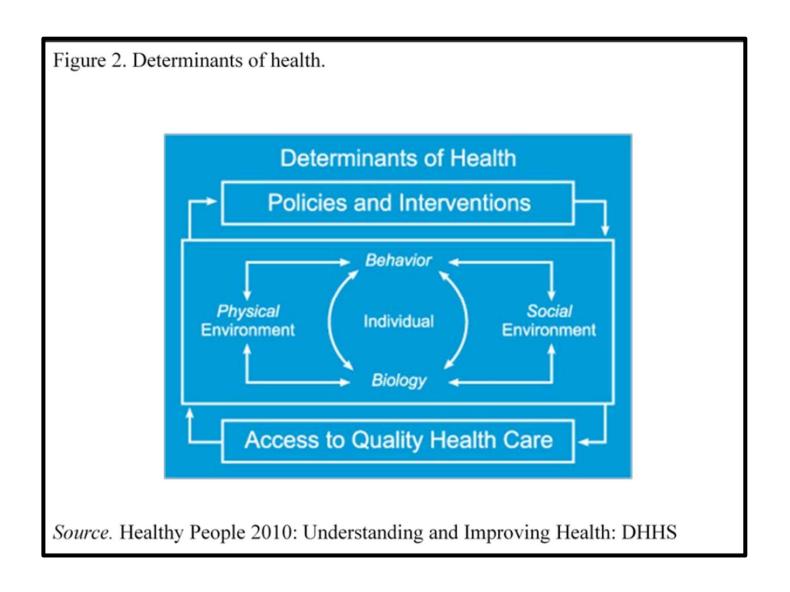
These powerful determinants of health, are ones over which individuals have little or no direct personal control but can only be altered through social and economic policies and political processes."

## Social Determinants of Health Approach

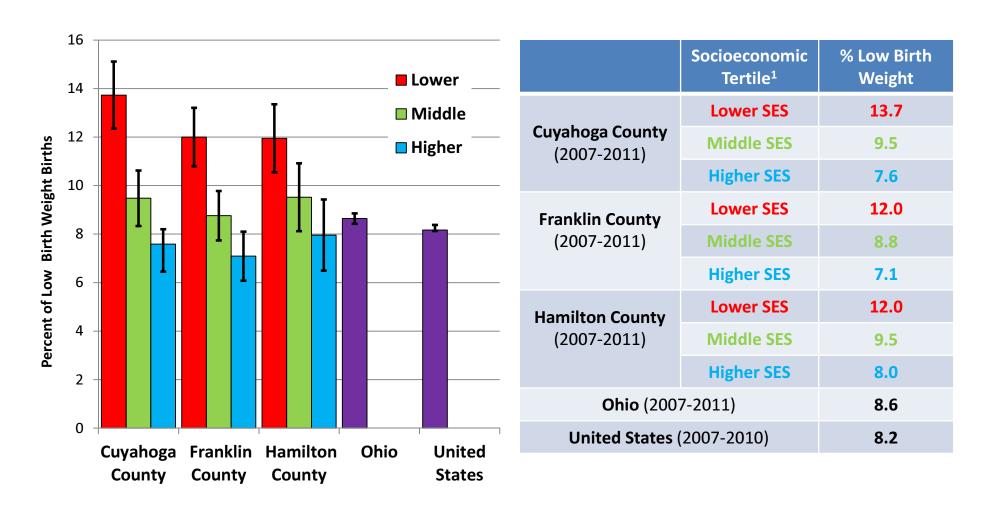


"A Social Determinant of Health Approach Challenges us to eliminate the obstacles"

#### Improving Health: A look at Social Determinants of Health

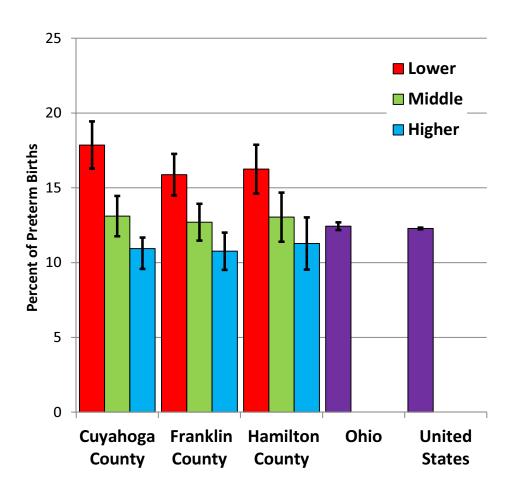


### Low Birth Weight Births-Less than 2,500 grams



<sup>1-</sup> Socioeconomic status was defined by median household income and attainment of a bachelor degree by individuals 25 years of age or greater Sources: Socioeconomic status calculated from American Community Survey 5 year estimates (2007-2011)

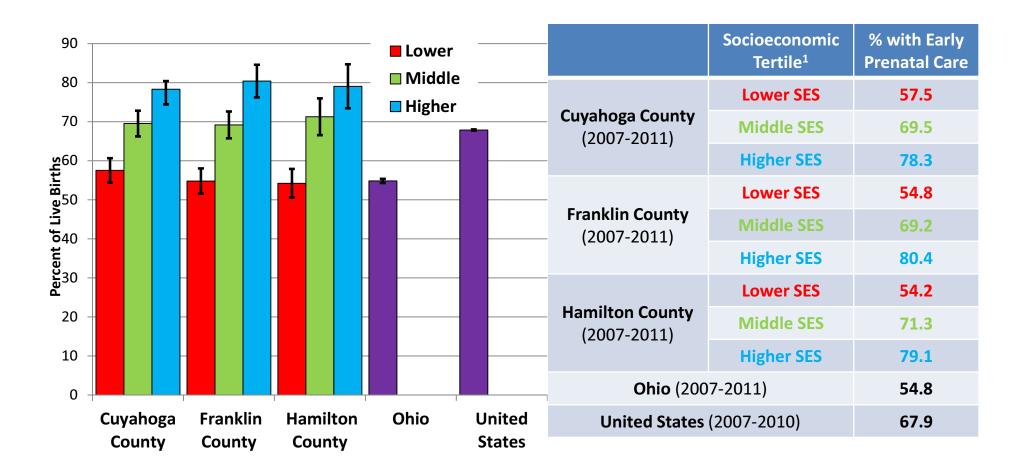
#### Preterm Births-Less than 37 weeks gestation



	Socioeconomic Tertile <sup>1</sup>	% Preterm
	Lower SES	17.9
Cuyahoga County (2007-2011)	Middle SES	13.1
(2007 2022)	Higher SES	10.9
	Lower SES	15.9
Franklin County (2007-2011)	Middle SES	12.7
(2007 2011)	Higher SES	10.8
	Lower SES	16.3
Hamilton County (2007-2011)	Middle SES	13.0
(2007 2011)	Higher SES	11.3
<b>Ohio</b> (2007	17.9	
United States (	13.1	

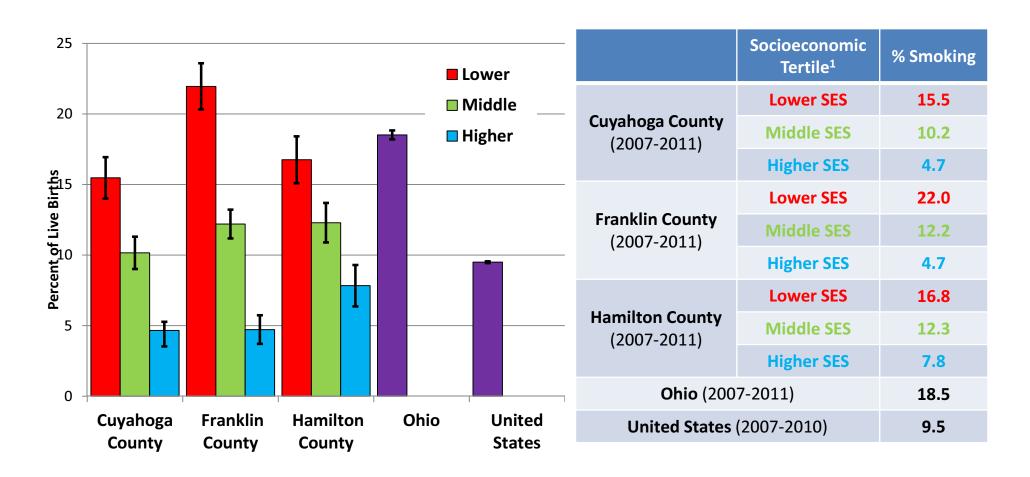
1- Socioeconomic status was defined by median household income and attainment of a bachelor degree by individuals 25 years of age or greater Sources: Socioeconomic status calculated from American Community Survey 5 year estimates (2007-2011)

### Early Prenatal Care – First Trimester



<sup>1-</sup> Socioeconomic status was defined by median household income and attainment of a bachelor degree by individuals 25 years of age or greater Sources: Socioeconomic status calculated from American Community Survey 5 year estimates (2007-2011)

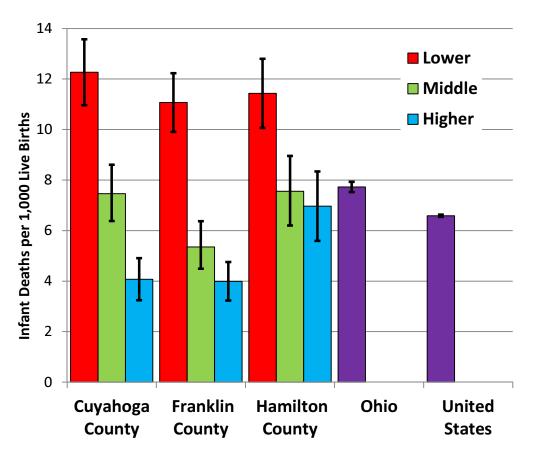
### **Maternal Smoking During Pregnancy**



<sup>1-</sup> Socioeconomic status was defined by median household income and attainment of a bachelor degree by individuals 25 years of age or greater Sources: Socioeconomic status calculated from American Community Survey 5 year estimates (2007-2011)

Ohio Pick Factor Data from Ohio Department of Health Vital Statistics Birth Files (2007-2011)

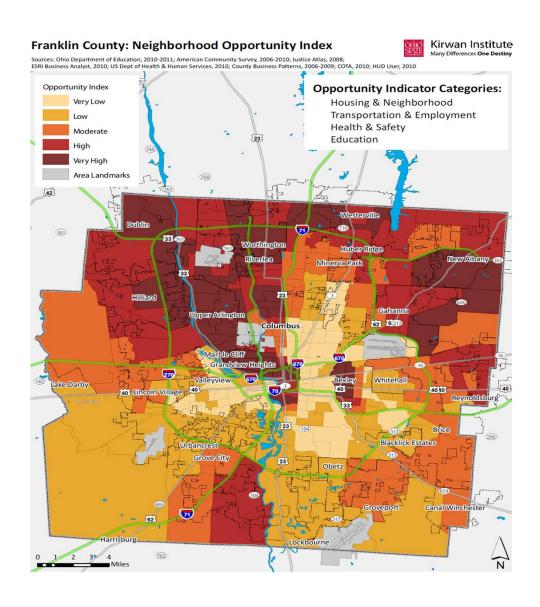
#### Infant Mortality Rate – per 1,000 live births



	Socioeconomic Tertile <sup>1</sup>	Infant Mortality Rate
	Lower SES	12.3
Cuyahoga County (2007-2011)	Middle SES	8.6
(2007 2011)	Higher SES	4.1
4	Lower SES	11.1
Franklin County (2007-2011)	Middle SES	6.2
(2007 2011)	Higher SES	4.0
	Lower SES	11.4
Hamilton County (2007-2011)	Middle SES	8.9
(2007 2011)	Higher SES	7.0
<b>Ohio</b> (200	7.7	
<b>United States</b>	6.6	

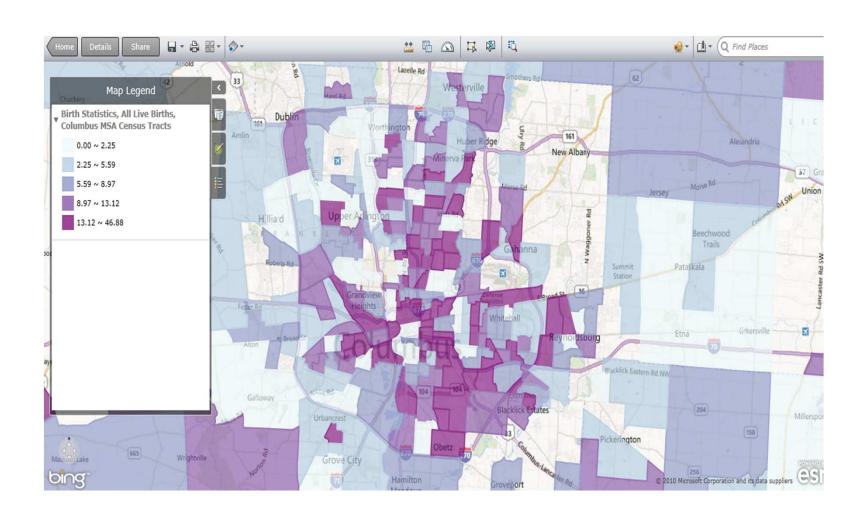
1- Socioeconomic status was defined by median household income and attainment of a bachelor degree by individuals 25 years of age or greater Sources: Socioeconomic status calculated from American Community Survey 5 year estimates (2007-2011)

#### **Opportunity Mapping**



Ohio Department of Education 2010-2011; American Community Survey 2006-2010; Justice Atlas, 2008; US Dept. of HHS, 2010; County Business Partners, 2006-2009, COTA, 2010

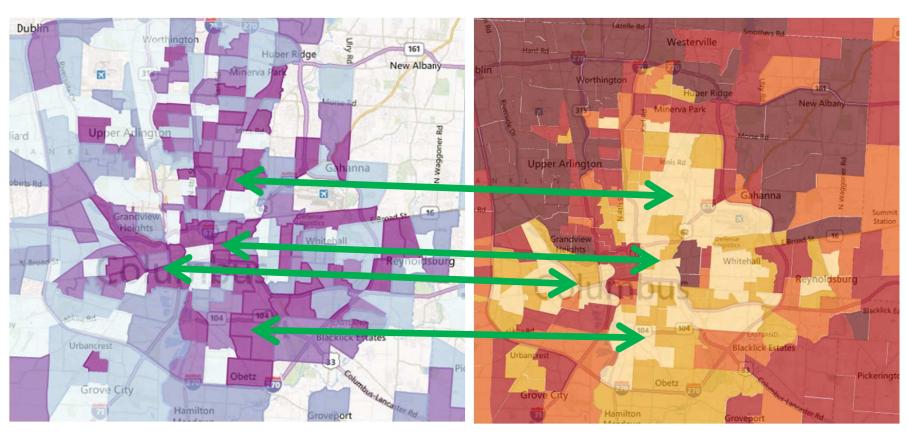
#### Live Births and Premature Births, Columbus, Ohio -2010



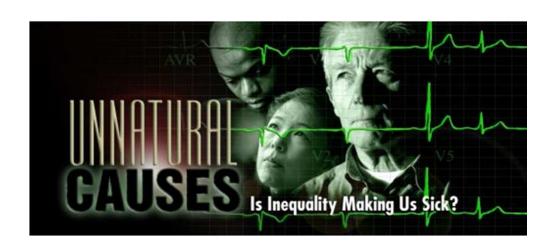
# Live and Pre-term Births & Social Economic Status

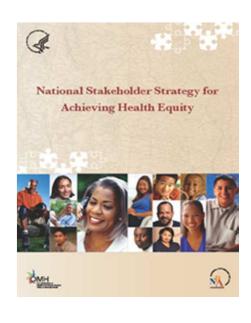
# Concentration of Live and Pre-Term Infant Births

# Low Social Economic Neighborhoods

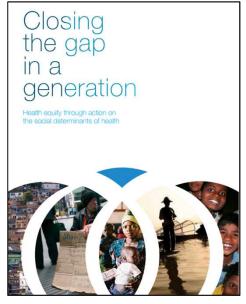


# The Research is Driving New Ways of Thinking About Public Health Problems



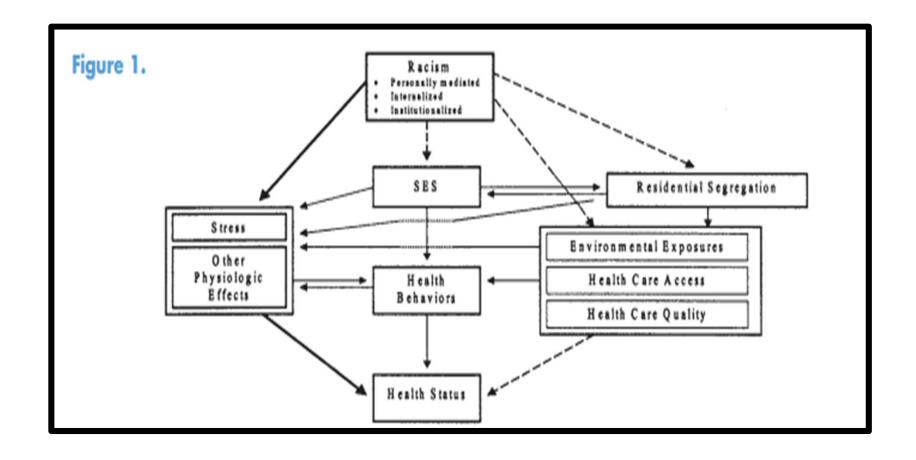








#### **Effects of racism on Health Status**



Undoing Racism in Public Health: A Blueprint for Action in Urban MCH

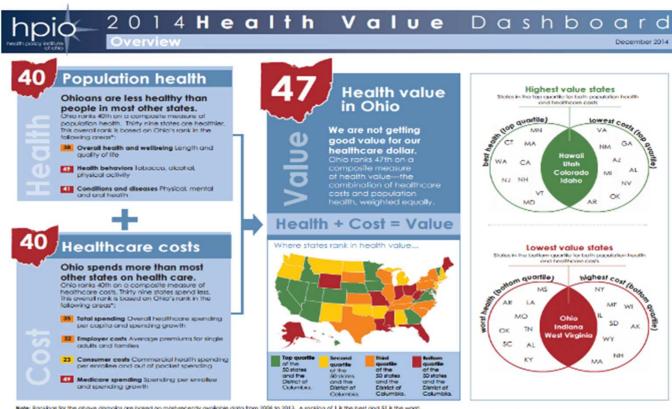
# World Health Commission on the Social Determinants of Health (2008)

The social conditions in which people are born, live and work are the single most important determinant health and life expectancy.

The conditions in which people live and die are, in turn, shaped by political, social, and economic forces."



#### 2014 Ohio Health Value Dashboard



Note: Rankings for the obove dominate are based on mode-recently available data from 2008 to 2013. A starting of 1 is the best and 31 is the word.
The overall opening has been been been been been proposed of the sub-dominating (e.g., 1stall and employer). The subcommand ranks are the compaste of the transist for the included interface spending per capital.

#### Why does Ohio rank so poorly on health value?

december 2014

In order to improve health value, Ohio must address the many factors that impact population health outcomes and healthcare costs. Public health and prevention and the healthcare system in Ohio face significant challenges. Ohio also struggles when it comes to the physical, social and economic environments that impact health.

#### **House CONCURRENT RESOLUTION #12:**

"To declare Ohio's rate of infant mortality a public health crisis and urge comprehensive preterm birth risk screening for all pregnant women in Ohio"

(131st General Assembly) (Amended House Concurrent Resolution Number 12)

#### A CONCURRENT RESOLUTION

To declare Ohio's rate of infant mortality a public health crisis and urge comprehensive preterm birth risk screening for all pregnant women in Ohio.

Be it resolved by the House of Representatives of the State of Ohio (The Senate concurring):

WHEREAS, Ohio is ranked among the worst in the nation in infant mortality (47th), with the loss in 2012 alone of 1,047 Ohio babies before their first birthdays; and

WHEREAS, The leading cause of infant mortality is preterm birth. In Ohio, the preterm birth rate for 2013 was 12.1% (the same rate as for 2012 and 2011) and about half of all pregnancy-related costs are driven by preterm births, largely because of expensive care of infants in neonatal intensive care units (NICUs). Among babies born before 32 weeks gestation, 89% are admitted to NICUs at an average cost of \$280,000; and

WHEREAS, Socioeconomics, education, geography, and other factors contribute to health access barriers for many Ohio women and a lack of prenatal care increases the risk of preterm birth and infant mortality; and

WHEREAS, Medicaid pays for over 52% of Ohio's pregnancies (in 2013, 70,479 pregnancies). In Ohio, NICU babies account for only 0.2% of the Medicaid population but consume 15% of total Medicaid spending; and

WHEREAS, Cervical length is the best predictor of preterm birth risk. Women with a prematurely short cervix mid pregnancy are at 10 times the risk of an early delivery, which can have tragic consequences; and

WHEREAS, Two technologies that accurately measure the cervix are available: transvaginal ultrasound and use of a cervicometer. Using these technologies, cervical length screening could be performed in any prenatal care setting for pregnant women in Ohio and treatment provided to prevent preterm births and infant deaths; and

WHEREAS, The Society for Maternal-Fetal Medicine and the American College of Obstetricians and Gynecologists have published clinical practice guidelines recommending vaginal progesterone treatment to prevent preterm birth in women pregnant with one baby and a mid-pregnancy short cervical length. In this high risk population, treatment cuts the rates of preterm birth and infant mortality nearly in half while reducing NICU admissions by 25%; and

WHÉREAS, Economic analyses of universal cervical length screening and vaginal progesterone treatment prove that this preterm birth prevention strategy is cost-saving. The drug used in this treatment is available in generic form; a full course of treatment costs less than \$400. Adoption of this strategy across Ohio could result in savings over \$27 million annually, with over \$10 million of that total in Medicaid savings; and

WHEREAS, The Ohio Collaborative to Prevent Infant Mortality of the Ohio Department of Health, the Ohio Perinatal Quality Collaborative, and many other state and local organizations have been working diligently to raise awareness and promote the adoption of best practices, including appropriate use of progesterone to prevent preterm birth. Among the top priorities of the Ohio Department of Medicaid is more timely identification of high risk expectant mothers to provide enhanced services, such as ensuring "progesterone without barriers" for Ohio pregnant women; and

WHEREAS, The good health and well-being of Ohio's expectant mothers and their babies will be

Am. H. C. R. No. 12

131st General Assembly

2

enhanced by education on the importance of cervical length measurement as an evidence-based, costsaving prenatal risk screening test. Beneficiaries of such education should include health care professionals, women and families, Medicaid and private health insurers, government officials, elected officials, and all others who share the mission of reducing preterm birth and infant mortality; now therefore be it

RESOLVED, That we, the members of the 131st General Assembly of the State of Ohio, support and encourage improved education and outreach concerning prenatal care, cervical length measurement, and progesterone treatment; and be it further

RESOLVED, That we, the members of the 131st General Assembly of the State of Ohio, declare Ohio's rate of infant mortality a public health crisis that deserves significant and immediate action by all stakeholders to ensure equitable access to comprehensive preterm birth risk screening for all pregnant women, including cervical length screening; and be it further

RESOLVED, That the Clerk of the House of Representatives transmit duly authenticated copies of this resolution to the Governor of Ohio and the news media of Ohio.

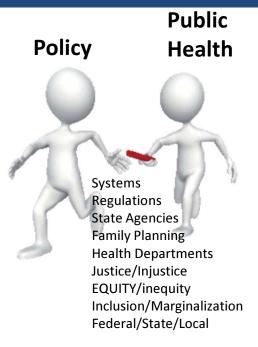
Speaker Of the House of Representatives.

Authorized President of the Senate.

Adopted June 30, 20 15

131st General Assembly, Ohio House or Representatives (Senate concurring)

# Infant Mortality Reduction is not a sprint, it is a "Relay-Marathon" ... and we must work as a team to obtain our goal



PCMH
Access
Insurance
Quality Care
Preconception
Inter-conception
Family Planning
Culturally Competent
Language barriers
Community Health Workers

Clinical

Community:

Community:

Community:

Community:

Schools

Transportation

Jobs/employment

Housing

Local Government

Pubic Safety

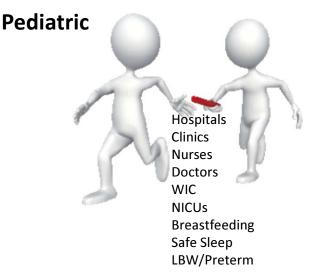
Racism

Green Space

Etc.

Business

#### **Obstetrical**



Church
Food security
Safety Neighborhood
Support Network
Crime
Drugs
Abandoned Houses
Day Care
Gangs

Father involvement
Married

Family
Single parenthood
IPV
Poverty
Diet
Age
Health
Capacity of parents
to care for
themselves &
their children





**Premature Births** 

**Congenital Anomalies** 

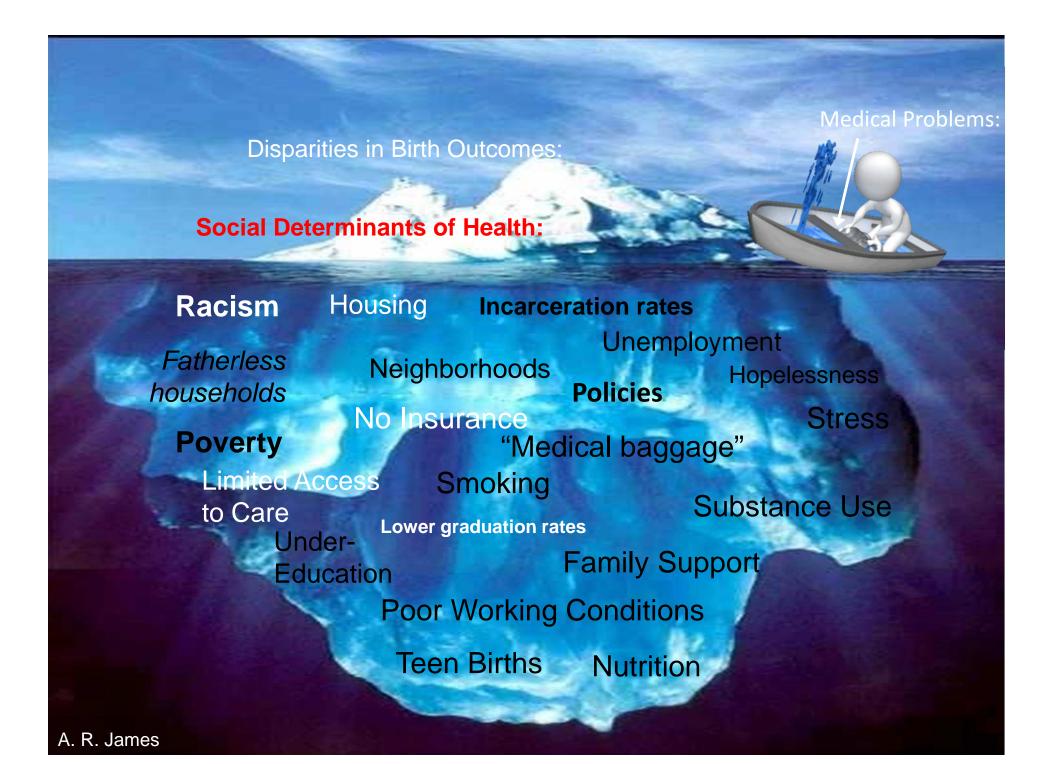
SUID

Maternal pregnancy Complications

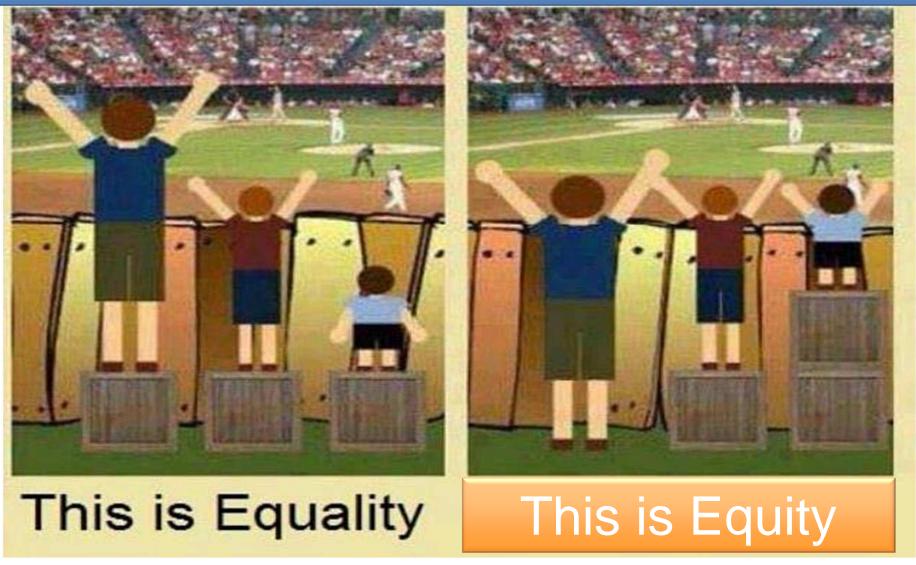
Placental or cord anomalies

Social Determinants of Health

Arthur R. James



# With Equity, inputs may need to be different to achieve equal outcomes



MDCH, Health Equity Learning Labs 2013, provided by Hogan, V., Rowley, D., Berthiaume, R. and Thompson, Y, University of North Carolina at Chapel Hill. Adapted from <a href="http://indianfunnypicture.com/search/equality+doesn%27t+mean+justice">http://indianfunnypicture.com/search/equality+doesn%27t+mean+justice</a>